

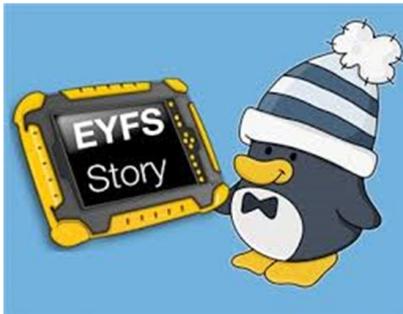
## TEACHING E-SAFETY

The following two books are recommended for The Early Years Foundation Stage.

### Digi Duck's Big Decision



### The Adventures of Smartie The Penguin.



Both are easily accessible for download from Childnet.com. Digiduck is available as an app from the Apple App Store and Google Play.

## E-SAFETY LINKS

The links below offer E-Safety advice, information and guidance to help families make the most and reduce the risks of using the Internet.

<https://www.ceop.police.uk/safety-centre/>

<https://www.thinkuknow.co.uk/>

<https://www.saferinternet.org.uk/>

<https://www.iwf.org.uk/>

<http://www.digizen.org/>

The Northamptonshire County Council website also has a section on E-Safety.

<http://www3.northamptonshire.gov.uk>

The following website has a lot of E-Safety information for all ages which includes free Internet Safety Leaflets that can be downloaded. These are also available in other languages.

<http://www.childnet.com/>

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# E-Safety In The Early Years Foundation Stage

A cartoon illustration featuring a girl with red hair in a yellow dress standing on a large cyan '@' symbol. Below it, a boy in a green shirt and orange shorts is holding up a large purple '@' symbol.

A guide for parents

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## WHAT IS E-SAFETY

Information and Communication Technology (ICT) has become part of our everyday lives and it is always changing as more technological advances are made. The Internet is a great teaching tool that can enhance a child's learning, and research has shown that over a third of all 3-4 year olds are now using it in their homes. E-Safety is all about using Information and Communication Technology in a safe and responsible way. It covers the use of the Internet together with electronic communications through E-Mail; texting using a mobile phone and publishing personal information on sites such as Twitter, and Facebook. E-Safety highlights the need to make children aware of the benefits and risks of using technology and encourages them to become responsible users of existing as well as new and emerging technologies.

## WHY IS E-SAFETY IMPORTANT?

In today's ever changing technological world there is a distinct advantage to growing up 'digitally literate' but children are no less susceptible to potential harm online compared to the physical world. Children of all ages need to become responsible users of technology and develop the skills and knowledge to keep themselves safe in the digital world.

## Try to establish rules and good online behaviour from the start!



## TOP TIPS FOR E-SAFETY



Decide how much time your child uses the Internet.

From the beginning encourage your child to go to someone if they are worried or frightened by something that happens online. Make sure they know who to go to.



Have your computer/tablet in a visible position while your child is using it.

Use the parental controls that are provided on your computer/tablet. Many Internet Service Providers also offer parental controls e.g. BT, Sky, TalkTalk and Virgin Media.

Let your child see you using the internet or a mobile phone to send positive messages to friends and family.



If your child wants to search for something on the Internet use a safe search engine that is designed for children e.g. <http://www.kidrex.org/>

Create 'Favourite' websites that are suitable for your child's age e.g. the CBeebies. This is a simple way to help your child find the content they want without having to search for it. If your child wants to use a particular website check it out first to see if it's suitable.



Decide how much time your child plays a computer/tablet game or app.

Check the recommended age and description on any apps and games you download/purchase for your child.

Check the recommended age and description on any downloads you make for your child, for example music, video and online television.



Spend time with your child using apps, games and the Internet. Encourage an open dialogue with them.



Keep your mobile phone out of your child's reach. Make sure you have a password/PIN set up if you let them use it.

Explain any E-Safety rules you have to anyone who looks after your child e.g. Grandparents, or a babysitter.

